

BREAKFAST

JANUARY 2026 THE LEADERSHIP SCHOOL

 Non-Dairy

 Vegetarian

Milk is provided with all meals
1% White or Chocolate

Monday

Tuesday

Wednesday

Thursday

Friday



Cereal Bars
Fruit Juice

Donut Holes
Fruit

Cereal
Fruit

Strawberry-Banana Muffin
Fruit

Yogurt
Graham Crackers
Fruit

Cereal
Fruit

Granola Bars
Fruit

Cinnamon Rolls
Fruit

Cereal
Fruit

Apple Cinnamon Muffin
Fruit

Martin Luther King Jr. Day



Cereal Bar
Fruit Juice

Bagel
Cream Cheese
Fruit

Chocolate Chip Muffin
Fruit

Cereal
Fruit Juice

Pineapple Muffin
Fruit

Cereal
Fruit

Yogurt
Graham Crackers
Fruit

Zucchini Bread
Fruit


Granola Bar
Fruit



Propel Kitchens

JANUARY 2026

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5
Vegetarian Chili
Cornbread Muffin
Fruit



6
Pasta Marinara with Meat Sauce
  Pasta with Sauce
Green Beans
Fruit


7
Chicken Patty Sandwich
 Black Bean Burger
Glazed Carrots
Fruit

8
Beefy Nachos
 Black Beans with Cheese
 Black Beans with Salsa
Fruit



9
Turkey with Swiss Sandwich
  Sun Butter and Jelly
Chips
Fruit

12
BBQ Burger
  Black Bean Burger
Potato Wedges
Fruit

13
Chicken Ranch Pasta
  Vegetable Pasta
Fruit

14
Meatball Sub Sandwich
 Veggie Patty Sandwich
Green Beans
Fruit

15
Vegetable Fried Rice
Fortune Cookie
Fruit



16
Turkey Pinwheel with American
  Sun Butter and Jelly
Carrots with Ranch
Fruit

19
 **Martin Luther King Jr. Day**



20
Chicken Tortilla Soup
  Tortilla Soup
Fruit



21
Chili Mac
  Vegetarian Chili Mac
Fruit



22
Chicken Fajita Over Rice
  Fajita Vegetables w/Rice
Salsa
Fruit



23
Turkey Sandwich with American
  Sun Butter and Jelly
Chips
Fruit Juice

26
Swedish Meatballs
  Vegan Meatballs
Mixed Vegetables
Fruit

27
Chicken Alfredo with Peas
  Alfredo Pasta with Peas
Fruit

28
Lasagna Soup
  Meatless Lasagna Soup
Oyster Crackers
Fruit

29
Chicken Tenders
  Veggie Tenders
Bell Peppers and Ranch
Fruit

30
Turkey Cheddar Sandwich
  Sun Butter and Jelly
Chips
Fruit Juice

